

NATURAL HYPNOSIS/ COUNSELLING

Dear client

Information and consultations are **private and confidential** in conjunction with the **Code of Ethical Practice**.

Information may only be shared with other professional practitioners if it is necessary for therapeutic reasons.

Results are only as good as the **cooperation between the therapist and the client**. The successful outcome is based on these factors. Natural Hypnotherapy and counselling are **not a quick fix**.

Please make sure that you cancel booked sessions 24 hours (working day, not on Saturdays after 11h00 or Sundays) in advance. **If sessions are not cancelled 24 hours in advance the session has to be paid for in full. Please note that we are a cash practice. The sessions have to be paid in full before each session!!!**

This document will tell you what you, as a client can expect from the treatment. Please read it carefully and ask if there are any queries. Treatment usually brings improved functioning and personal growth in the long term. In the short term, however, it might be an unsettling experience, as it might be emotional at times. The success of the therapy is influenced by a number of factors. One of the most important factors is the degree to which clients take responsibility to bring about change. No therapist can give a guarantee that therapy/training will be successful.

Confidentiality:

Generally, no private information will be disclosed. However, in some circumstances information will be disclosed if it is legally or professionally necessary (e.g. in court orders, statutory duties, emergency situations, harming others or self, for medical aid funds or work with other professionals).

Fees:

We are a cash practice and charge below medical aid rates. We do give out ICD10 codes which are required by medical aids.

90 minutes Assessment (Hypnotherapy or counselling) are R1030.00

60 minutes Treatments (Hypnotherapy or psychology counselling) or reports are R825.00

90 minutes Assessment (Counselling) are R730.00

60 minutes Treatments (Counselling) are R560.00

The fees might change without prior notice. The person who is responsible for the account must be indicated on the personal details' form.

Please keep to the 24h cancellation policy. We work on an appointment basis and cannot fill an hour's appointment if we do not get enough notice time. We cannot exceed the time limit given to you for your appointments. Should you be late for your session, the relevant session will be shorter.

Accounts must be paid immediately on the day. If you do an electronic transfer please pay the session **before your session and submit proof of payment**. If you receive an invoice for treatment, please pay the outstanding amount **within 24hours** and **send proof of payment**. Accounts not paid will be handed over and additional costs will have to be carried by the client.

For Hypnotherapy:

Please make sure that you listen to the CD(s) regularly to achieve optimum results. Please also note that hypnotherapy can help you to achieve your goals but dedication and conscious effort will enhance the results. Remember it is a team effort and you need to take responsibility for the outcome too

Please do not hesitate to ask if there are any questions. By signing the document you acknowledge that you read the information, clarified any uncertainties and consider yourself bound to the contents thereof.

By checking the checkbox, you state that you understand and agree to the above information. Personal information given are correct.